

1.	, 50m						(2009-2010)
1.	,	2009				36.46	I 518
2.	,	2009 I				36.61	I 512
3.	,	2010 I				36.73	I 507
1.	, 50m						2010
1.	,	2005	- .			34.49	613
2.	,	2008				35.25	I 574
3.	,	2008	- .			36.12	I 533
2.	, 50m						(2007-2008)
1.	,	2007	-			32.21	I 522
2.	,	2007 I				32.61	II 503
3.	,	2007 I	- .			32.71	II 499
2.	, 50m						2008
1.	,	2001	-			30.05	643
2.	,	1998				30.11	640
3.	,	2005 I	- .			31.38	I 565
3.	, 100m						(2009-2010)
1.	,	2009	-			57.31	734
2.	,	2009 I	-			1:03.20	I 547
3.	,	2010 I	-			1:03.36	I 543
3.	, 100m						2010
1.	,	2009	-			57.31	734
2.	,	2007	-			59.72	649
3.	,	2007		+0.41		1:01.17	604
4.	, 100m						(2007-2008)
1.	,	2007	-	+0.43		54.44	637
2.	,	2007	- .			55.29	608
3.	,	2007	- .			56.06	I 584
4.	, 100m						2008
1.	,	2001	-			51.50	753
2.	,	2005	-			52.97	692
3.	,	2005	" "			53.52	671
5.	, 200m						(2009-2010)
1.	,	2009 I	- .			2:50.57	II 364
2.	,	2009 II	- .	+0.52		2:53.19	II 347
3.	,	2009 I				3:02.38	III 297

5.	, 200m					2010
1.	,	2001	- .		2:32.20	I 512
2.	,	2008 II			2:42.77	II 419
3.	,	2008	- .		2:49.04	II 374
6.	, 200m					(2007-2008)
1.	,	2007	.		2:13.37	566
2.	,	2007	- .		2:14.16	I 556
3.	,	2007 I		- .	2:15.50	I 539
6.	, 200m					2008
1.	,	2007	.		2:13.37	566
2.	,	2005	- .		2:13.72	561
3.	,	2007	- .		2:14.16	I 556
7.	, 200m					(2009-2010)
1.	,	2009			2:27.26	587
2.	,	2009			2:33.31	I 520
3.	,	2010		- .	2:35.92	I 495
7.	, 200m					2010
1.	,	2009			2:27.26	587
2.	,	2009			2:33.31	I 520
3.	,	2010		- .	2:35.92	I 495
8.	, 200m					(2007-2008)
1.	,	2007 I	- .		2:19.21	I 519
2.	,	2007 I	- .		2:21.37	I 496
3.	,	2008 I	- .		2:23.57	II 473
8.	, 200m					2008
1.	,	2005	-		2:11.35	618
2.	,	2007 I	- .		2:19.21	I 519
3.	,	2006 I	.		2:19.56	I 515
9.	, 800m					(2009-2010)
1.	,	2010 I	.		10:17.26	I 484
2.	,	2009 I	-		10:21.39	I 474
3.	,	2010 I	-		10:32.11	II 451
9.	, 800m					2010
1.	,	2001	- .		9:07.54	694
2.	,	2008	- .		9:10.92	681
3.	,	2008	- .		9:49.48	I 556
37.	, 800m					(2007-2008)
1.	,	2007	- .		8:34.55	678
2.	,	2007	- .		9:14.55	I 541
3.	,	2008 I	- .	+0.47	9:18.02	I 531

37.								2008
1.	,	2002	- .				8:18.50	746
2.	,	2007	- .				8:34.55	678
3.	,	2007	- .				9:14.55	541
35.								
1.	-	1	-				3:35.19	669
2.	1						3:43.92	594
3.	- .	1	- .				3:50.36	545
10.								
1.	-	1	-			+0.52	4:08.82	598
2.	1					+0.51	4:17.92	537
3.	- .	1	- .				4:21.86	513
11.								(2009-2010)
1.	,	2009	-				29.50	764
2.	,	2010	- .				31.62	621
3.	,	2009					32.70	561
11.								2010
1.	,	2009	-				29.50	764
2.	,	2010	- .				31.62	621
3.	,	2008					31.97	601
12.								(2007-2008)
1.	,	2007	- .				28.86	554
2.	,	2007	-				29.26	532
3.	,	2007 I	- .				29.36	526
12.								2008
1.	,	2001	-				27.01	676
2.	,	2005	-				27.76	623
3.	,	2005	" "				28.16	596
13.								(2009-2010)
1.	,	2009					1:04.10	648
2.	,	2009 II	" "				1:12.41	449
3.	,	2009 I	- .				1:14.31	416
13.								2010
1.	,	2009					1:04.10	648
2.	,	2007 I					1:08.81	524
3.	,	2008 II				+0.68	1:11.18	473
14.								(2007-2008)
1.	,	2007					57.70	629
2.	,	2007 I				+0.50	59.85	564
3.	,	2007	- .			+0.58	1:00.80	538

14.	, 100m					2008
1.	,	2001	-		57.34	641
2.	,	2007			57.70	629
3.	,	2007 I		- . +0.50	59.85	564
15.	, 200m					(2009-2010)
1.	,	2009	-		2:08.61	677
2.	,	2010 I	-		2:18.28	545
3.	,	2009 I			2:22.37	499
15.	, 200m					2010
1.	,	2001	- .		2:07.70	692
2.	,	2009	-		2:08.61	677
3.	,	2007	-		2:12.55	619
16.	, 200m					(2007-2008)
1.	,	2007	- .		2:01.05	598
2.	,	2007	-		2:03.31	565
3.	,	2007	- .		2:07.41	513
16.	, 200m					2008
1.	,	2002	- .		1:56.58	669
2.	,	2007	- .		2:01.05	598
3.	,	2004 I	-		2:01.97	584
17.	, 200m					(2009-2010)
1.	,	2010 I	.		2:57.64	478
2.	,	2010 I	.		3:02.44	441
3.	,	2009 II	.		3:03.38	435
17.	, 200m					2010
1.	,	2005	- .		2:45.59	590
2.	,	2008			2:52.04	526
3.	,	2005	.		2:54.55	504
18.	, 200m					(2007-2008)
1.	,	2008			2:27.64	620
2.	,	2008 I	- .		2:37.87	507
3.	,	2008 II			2:38.62	500
18.	, 200m					2008
1.	,	2005	.		2:25.43	649
2.	,	2008			2:27.64	620
3.	,	2005 I	- .		2:33.36	553
19.	, 400m					(2009-2010)
1.	,	2009			5:14.69	606
2.	,	2009 I	-		5:42.38	470
3.	,	2009 I	- .		5:51.40	435

19.	, 400m					2010
1.	,	2009			5:14.69	606
2.	,	2007			5:26.11	544
3.	,	2009 I	-		5:42.38	470
20.	, 400m					(2007-2008)
1.	,	2007 I	-		5:09.96	486
2.	,	2007 I			5:31.40	398
3.	,	2008 II		+0.60	5:39.37	370
20.	, 400m					2008
1.	,	2001	-		4:43.17	638
2.	,	2005	-		4:56.09	558
3.	,	2007 I	-		5:09.96	486
21.	, 1500m					(2009-2010)
1.	,	2010 I	-		19:56.10	455
2.	,	2010 II			20:24.48	424
3.	,	2009 II	-		20:36.57	412
21.	, 1500m					2010
1.	,	2001	-		17:16.62	700
2.	,	2008	-		17:31.82	670
3.	,	2008	-		18:45.21	547
38.	, 1500m					(2007-2008)
1.	,	2007	-		16:31.22	678
2.	,	2008 I	-	+0.42	17:56.74	529
3.	,	2008 I	-		18:03.52	519
38.	, 1500m					2008
1.	,	2002	-		16:05.72	733
2.	,	2007	-		16:31.22	678
3.	,	2008 I	-	+0.42	17:56.74	529
22.	, 50m					(2009-2010)
1.	,	2009	-		26.44	717
2.	,	2009 II			29.26	529
3.	,	2010	-		29.41	521
22.	, 50m					2010
1.	,	2009	-		26.44	717
2.	,	2008 I	" "		29.20	532
3.	,	2009 II			29.26	529
23.	, 50m					(2007-2008)
1.	,	2007			24.39	630
2.	,	2007	-		25.99	520
3.	,	2007	-		26.19	508

23.	, 50m					2008
1.	,	2005	-		24.24	641
2.	,	2007	.		24.39	630
3.	,	2005	" "	.	24.45	625
24.	, 50m					(2009-2010)
1.	,	2009			28.83	608
2.	,	2009 II	" "	.	31.28	476
3.	,	2009 I	-	.	31.76	455
24.	, 50m					2010
1.	,	2009			28.83	608
2.	,	2007	.		29.51	567
3.	,	2007 I	.		30.62	507
25.	, 50m					(2007-2008)
1.	,	2007	.		26.54	590
2.	,	2008 I	-	.	26.85	570
3.	,	2007 I	.		27.51	530
25.	, 50m					2008
1.	,	2001	-		24.99	707
2.	,	2007	.		26.54	590
3.	,	2008 I	-	.	26.85	570
26.	, 100m					(2009-2010)
1.	,	2009 I			1:21.93	479
2.	,	2010 I	.		1:22.43	470
3.	,	2009 I	.		1:23.24	457
26.	, 100m					2010
1.	,	2005	-	.	1:16.48	589
2.	,	2008			1:17.38	569
3.	,	2008	-	.	1:18.90	536
				+0.73		
27.	, 100m					(2007-2008)
1.	,	2008			1:09.96	537
2.	,	2007 I			1:12.00	493
3.	,	2007 I	-	.	1:12.52	482
27.	, 100m					2008
1.	,	2005 I	-	.	1:08.67	568
2.	,	1998			1:09.19	555
3.	,	2005	.		1:09.64	544
28.	, 100m					(2009-2010)
1.	,	2009	-		1:05.00	690
2.	,	2010	-	.	1:10.53	540
3.	,	2009	.		1:11.73	513

28.	, 100m					2010
1.	,	2009	-		1:05.00	690
2.	,	2010	-		1:10.53	540
3.	,	2008			1:10.59	539
29.	, 100m					(2007-2008)
1.	,	2007	-		1:02.73	556
2.	,	2007 I	-		1:03.80	529
3.	,	2007 I	-		1:03.85	527
29.	, 100m					2008
1.	,	2005	-		59.94	637
2.	,	2001	-		1:00.04	634
3.	,	2005	" "		1:02.60	560
30.	, 200m					(2009-2010)
1.	,	2009			2:26.70	635
2.	,	2009 I	-		2:39.63	493
3.	,	2010 I			2:42.08	471
30.	, 200m					2010
1.	,	2009			2:26.70	635
2.	,	2001	-		2:26.85	633
3.	,	2007			2:30.60	587
31.	, 200m					(2007-2008)
1.	,	2008		+0.46	2:18.90	552
2.	,	2007 I	-		2:22.32	513
3.	,	2007 I			2:24.71	488
31.	, 200m					2008
1.	,	2001	-		2:05.32	752
2.	,	2005			2:14.56	608
3.	,	2005	-		2:18.76	554
32.	, 400m					(2009-2010)
1.	,	2009 I	-		4:58.86	494
2.	,	2009 I			5:08.63	449
3.	,	2009 II	-	+0.81	5:09.29	446
32.	, 400m					2010
1.	,	2001	-		4:27.90	687
2.	,	2008	-		4:32.25	654
3.	,	2008	-		4:52.08	530
33.	, 400m					(2007-2008)
1.	,	2007	-		4:12.06	665
2.	,	2007	-	+0.43	4:22.15	591
3.	,	2008 I	-		4:26.17	565

33.		, 400m		2008	
1.	,	2002	- .	4:01.58	755
2.	,	2007	- .	4:12.06	665
3.	,	2007	- .	+0.43 4:22.15	591
36.		, 4 x 100m			
1.	-	1	-	3:58.66	650
2.		1		4:07.73	581
3.	- .	1	- .	4:11.04	558
34.		, 4 x 100m			
1.	-	1	-	4:45.39	526
2.	- .	1	- .	4:47.43	515
3.	1			4:48.36	510